Neurotypical privilege

From Square 8 <http://www.8square8.com/2009/08/checklist-of-neurotypical-privilege-new.html> (Edited for length)

**Checklist of Neurotypical Privilege**

**Safety**
1. I have never been told, because of my neurology, that I am incapable of feeling pain.

2. If I have a medical problem, I do not worry that my doctor will dismiss it as part of my neurotypicality.

3. When attempting to purchase health insurance, I know that I will not be rejected because I am NT.

4. If I am bullied or abused, people will not assume that my neurology means I am at least partially to blame, or that the abuse would stop if I tried harder to behave like someone else.

5. I can assume that police officers will not become alarmed at my natural body language and find it necessary to subdue me in advance of any wrongdoing.

6. I do not have to carry a special card or bracelet with me to explain my natural body movements or the sounds I naturally make.

7. I am not considered more dangerous and more likely to commit a crime because of my neurology.

8. People of my neurology are not generally considered burdensome to our families or to taxpayers.

Inclusion
9. For a child of my neurotype, everyday teaching of the skills they will need to live in this society is called education or parenting—not therapy, treatment, or intervention.

10. If someone of my neurology can do something well, I will not be punished for being unable to do the same thing well or at all.

11. I can reveal my neurology to my boss and coworkers without fear of losing my job.

12. I can ask for technical or social support on the job without being seen as a troublemaker or charity case.

13. The majority of people who make the laws of my nation share my neurology.

14. When I need help performing a particular task, I can ask for help without having to produce documentation to prove I actually need help with it. The help will most often be provided in a manner I can understand and will not be considered an inconvenience or an act of pity.

15. No one sees my neurology as being in need of elimination or cure.

16. If I am visibly upset, people generally assume something must have upset me, and will generally try to help me.

**Relationships**
17. My family, friends, and significant others are not told that I am incapable of relating to other human beings.

18. If I am an adult, I can be a sexual being without the assumption that any partner attracted to me must be a predator or pedophile.

19. I am never told that I should not have children lest I pass on the genes that cause them to share my neurological type.

20. No one speculates about whether I am competent to raise children based solely on my neurology.

21. People do not assume that living in the same household as me is inherently “tragic” or “devastating,” or that my family, friends and partner will need a support group to deal with living with me.

22. I will not be asked to leave a public place, or to change where I live, because people are uncomfortable with my neurotypical behaviors.

23. If I am unhappy, people do not automatically assume my unhappiness is the result of me being who I am.

24. My opinions on social mores and societal issues are not dismissed based on my neurology or on the assumption that I am incapable of understanding how these things work. Likewise, my gender identity and sexual orientation are not discounted because of my neurology.

Respect
25. I expect people to presume intellect and competence with me.

26. If I have a particular talent or ability, I can demonstrate that talent without being called an “idiot savant” or my talent being called a “splinter skill” or some other demeaning word.

27. The definitions of rude and irritating conduct were developed by and for people with my neurology.

28. I am not praised for acting less neurotypical or punished for acting more neurotypical.

29. I am not expected to alter or suppress my natural ways of moving, interacting, or expressing emotion in most circumstances.

30. If I fail to alter or suppress my natural ways of moving, interacting, or expressing emotion, I do not fear public ridicule or exclusion because of this.

31. When prospective parents and others speak of wanting a “healthy child,” I know that they mean a child like me.

32. People don't accuse me of grandiosity or derisively dismiss it if I suggest that some admirable historical figure might have been neurotypical.

33. It is considered good for people who are not like me to try to act more like me.

34. My natural movements and traits are not used by my peers to ridicule others of their neurological type, either jokingly or maliciously.

35. I can discuss my interests at length without this being viewed as a “symptom.”